

245I.22 ADULT REHABILITATIVE MENTAL HEALTH SERVICES.

Subdivision 1. **Generally.** Beginning January 1, 2028, a provider of adult mental health rehabilitative services must be licensed under this section and chapter 245A.

Subd. 2. **Definitions.** (a) For the purposes of this section, the terms in this subdivision have the meanings given.

(b) "Adult mental health rehabilitative services" or "ARMHS" has the meaning given in section 245I.02, subdivision 33.

(c) "Basic living skills" means rehabilitative interventions that instruct, assist, and support the client with:

- (1) interpersonal communication skills;
- (2) community resource utilization and integration skills;
- (3) crisis planning;
- (4) relapse prevention skills;
- (5) health care directives;
- (6) budgeting and shopping skills;
- (7) healthy lifestyle skills and practices;
- (8) cooking and nutrition skills;
- (9) transportation skills;
- (10) mental illness symptom management skills;
- (11) household management skills;
- (12) employment-related skills; and
- (13) parenting skills.

(d) "Community intervention" means a client's community assisting in the client's rehabilitation, including consultation with relatives, guardians, friends, employers, treatment providers, and other significant individuals. Community intervention is appropriate when directed exclusively to the treatment of the client.

(e) "Medication education services" means services provided individually or in groups that focus on educating the client about mental illness and symptoms, the role and effects of medications in treating symptoms of mental illness, and the side effects of medications. Medication education services must be coordinated with, but must not duplicate, medication management services. Medication education services must be provided by physicians, advanced practice registered nurses, pharmacists, physician assistants, or registered nurses.

(f) "Transition to community living services" means services that maintain continuity of contact between the ARMHS provider and the client and facilitate discharge from a hospital, residential treatment program, board and lodging facility, or nursing home. Transition to community living services must not be used to provide other areas of adult rehabilitative mental health services.

Subd. 3. **Service components.** An ARMHS provider must be capable of providing:

- (1) basic living skills;
- (2) medication education services;
- (3) community intervention; and
- (4) transition to community living services.

Subd. 4. **Provider requirements.** An ARMHS license holder must be enrolled with medical assistance and comply with standards in section 256B.0623.

Subd. 5. **Qualifications.** ARMHS must be provided by:

- (1) a mental health professional qualified under section 245I.04, subdivision 2;
- (2) a certified rehabilitation specialist qualified under section 245I.04, subdivision 8;
- (3) a clinical trainee qualified under section 245I.04, subdivision 6;
- (4) a behavioral health practitioner qualified under section 245I.04, subdivision 4;
- (5) a mental health certified peer specialist qualified under section 245I.04, subdivision 12; or
- (6) a mental health rehabilitation worker qualified under section 245I.04, subdivision 14.

Subd. 6. **Service planning.** (a) An ARMHS provider must complete a written functional assessment according to section 245I.10, subdivision 9, for each client.

(b) When an ARMHS provider completes a written functional assessment, the provider must also complete a level of care assessment, as defined in section 245I.02, subdivision 19, for the client.

Subd. 7. **Group modality.** ARMHS may be provided in group settings if appropriate to each participating client's needs and treatment plan. A group is defined as two to ten clients, at least one of whom is concurrently receiving ARMHS. The service and group must be specified in the client's individual treatment plan.

History: 2026 c 121 art 7 s 32

NOTE: This section, as added by Laws 2026, chapter 121, article 7, section 32, is effective January 1, 2028. Laws 2026, chapter 121, article 7, section 56.