148.7806 ATHLETIC TRAINING.

(a) An athletic trainer shall perform athletic training under the supervision of, on the prescription of, and in collaboration with, a primary physician:

(1) who is licensed in Minnesota to practice medicine, as defined in section 147.081; and

(2) whose license is in good standing.

(b) An athletic trainer must use therapeutic interventions within the training and experience of the athletic trainer according to section 148.7802, subdivision 6a, for the treatment and rehabilitation of patients.

(c) The primary physician shall establish evaluation and treatment protocols to be used by the athletic trainer. The primary physician shall record the protocols on a form prescribed by the board. The protocol form must be updated yearly at the athletic trainer's license renewal time and kept on file by the athletic trainer.

(d) At the primary employment site, an athletic trainer may evaluate and treat a patient who was not previously diagnosed for not more than 30 days from the date of the initial evaluation and treatment. Prevention, wellness, education, exercise, and reconditioning are not considered treatment. This paragraph does not apply to a person who is referred for treatment by a person licensed in this state to practice medicine as defined in section 147.081; to practice chiropractic as defined in section 148.01; to practice physical therapy as defined in section 148.65, except as provided in paragraph (f); to practice podiatry as defined in section 153.01; or to practice dentistry as defined in section 150A.05, and whose license is in good standing.

(e) An athletic trainer:

(1) may organize and administer an athletic training program, including but not limited to educating and counseling patients;

(2) must monitor the signs, symptoms, general behavior, and general physical response of a patient to treatment and rehabilitation, including but not limited to whether the signs, symptoms, reactions, behavior, or general response show abnormal characteristics that require a change in the plan of care or a referral; and

(3) must make suggestions to the primary physician or other treating provider for a modification in the treatment and rehabilitation of a patient based on the indicators in clause (2).

(f) In a clinical, corporate, and physical therapy setting, when the service provided is, or is represented as being, physical therapy, an athletic trainer may work only under the direct supervision of a physical therapist as defined in section 148.65.

History: *1993 c 232 s 7; 2018 c 143 s 9; 2026 c 115 art 2 s 3*