

Department of Education**Proposed Permanent Rules Relating to Academic Standards in Health****3501.1500 HEALTH EDUCATION STANDARDS.**

Subpart 1. **Purpose and application.** The purpose of these standards is to establish statewide standards for health that govern instruction of students in kindergarten through grade 12.

Subp. 2. **Functional health.** The student will use functional health knowledge to enhance health and well-being.

Subp. 3. **Analyze influences.** The student will analyze influences that affect health and well-being.

Subp. 4. **Access valid and reliable information.** The student will access valid and reliable information, products, and services to enhance health and well-being.

Subp. 5. **Communication skills.** The student will demonstrate interpersonal communication skills to enhance health and well-being.

Subp. 6. **Decision making.** The student will demonstrate decision-making skills to enhance health and well-being.

Subp. 7. **Goal setting.** The student will demonstrate goal-setting skills to enhance health and well-being.

Subp. 8. **Practices and behaviors.** The student will demonstrate practices and behaviors to enhance health and well-being.

Subp. 9. **Promote health, safety, and well-being.** The student will promote health, safety, and well-being of self and others.

Subp. 10. **Apply knowledge and skills.** The student will combine content knowledge with practical skill development, as indicated by subpart 2, and apply what they learn to

real-world health situations, as indicated in subparts 3 to 9, on various health-related topics, including but not limited to:

A. cardiopulmonary resuscitation and automatic external defibrillator education that allows districts to provide instruction to students in grades 7 through 12 in accordance with Minnesota Statutes, section 120B.236;

B. vaping awareness and prevention education that allows districts to provide instruction to students in grades 6 through 8 in accordance with Minnesota Statutes, section 120B.238, subdivision 3;

C. cannabis use and substance use education that allows districts to provide instruction to students in grades 6 through 12 in accordance with Minnesota Statutes, section 120B.215;

D. sexually transmitted infections and diseases education that meets the requirements of Minnesota Statutes, section 121A.23; and

E. mental health education for students in grades 4 through 12 that includes prevention of suicide or self-harm and mental health components of the National Education Association standards for students in grades 4 through 12 in accordance with Minnesota Statutes, section 120B.21.

Subp. 11. **Implementation.** These standards must be implemented by school districts by the beginning of the 2028-2029 school year.