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Department of Human Services 1 2 Adopted Permanent Rules Relating to Mental Health Services 3 4 Rules as Adopted 5 9505.0323 MENTAL HEALTH SERVICES. 6 7 Subpart 1. Definitions. For this part, the following terms have the meanings given them. 8 [For text of items A to F, see M.R.] 9 10 G. "Day treatment" or "day treatment program" means a structured program of treatment and care provided to persons in: 11 [For text of subitems (1) and (2), see M.R.] 12 (3) an entity that is under contract with the 13 14 county to operate a program that meets the requirements of Minnesota Statutes, sections 245.4712, subdivision 2, and 15 245.4884, subdivision 2, and parts 9505.0170 to 9505.0475. 16 Day treatment consists of group psychotherapy and other 17 18 intensive therapeutic services that are provided by a 19 multidisciplinary staff. The services are aimed at stabilizing the client's mental health status, providing mental health 20 21 services, and developing and improving the client's independent 22 living and socialization skills. The goal of day treatment is 23 to reduce or relieve the effects of mental illness and provide 24 training to enable the client to live in the community. Day treatment services are not a part of inpatient or residential 25 treatment services. Day treatment services are distinguished 26 from day care by their structured therapeutic program of 27 28 psychotherapy services. 29 [For text of items H to Z, see M.R.] 30 [For text of subps 2 and 3, see M.R.] Subp. 4. Eligibility for payment; diagnostic assessment. 31 To be eligible for medical assistance payment, a diagnostic 32 assessment must be conducted by a provider who is a mental 33 health professional. Additionally, to be eligible for medical 34 assistance payment, a diagnostic assessment must comply with the 35

03/12/93 [REVISOR ] SGS/KM AR2211 requirements in items A to L. 1 2 [For text of items A to H, see M.R.] The mental health professional conducting the 3 I. diagnostic assessment must: 4 5 [For text of subitems (1) to (4), see M.R.] 6 (5) consider the recipient's need for referral 7 for psychological testing, psychiatric consultation, a neurological examination, a physical examination, a 8 determination of the need for prescribed drugs, the evaluation 9 of the effectiveness of prescribed drugs, and a chemical 10 11 dependency assessment as specified in part 9530.6615. The mental health professional must refer the recipient to a 12 psychiatrist for a psychiatric consultation or medication 13 14 evaluation if: (a) the recipient has not had a psychiatric 15 consultation or medication evaluation within the 180 days before 16 the current diagnostic assessment; and 17 (b) in the case of an adult, the recipient 18 19 is given a diagnosis of schizophrenia, bipolar disorder, major depression, or borderline personality disorder as specified in 20 21 the definition of serious and persistent mental illness in-Minnesota Statutes, section 245.462, subdivision 20, paragraph 22 23 (c), clause (3)(i); or 24 (c) in the case of a child, the recipient is given a diagnosis of mood disorder or obsessive compulsive 25 26 disorder or, as specified in the definition of severe emotional disturbance in Minnesota Statutes, section 245.4871, subdivision 27 6, clause (3)(i) or (ii), a diagnosis of psychosis or clinical 28 depression, risk of harming self or others as a result of 29 emotional disturbance; or 30 (d) in the case of a child, the recipient's 31 treatment plan may include the use of medication or residential 32 33 treatment. The mental health professional must refer the recipient who 34 is a child and who is given a diagnosis of attention deficit 35 hyperactivity disorder or undifferentiated attention deficit 36

## [REVISOR ] SGS/KM AR2211

03/12/93

1 disorder as specified in the Diagnostic and Statistical Manual 2 of Mental Disorders (DSM-IIIR), current edition, to a 3 psychiatrist or a physician who is competent to prescribe and 4 monitor the effects of psychoactive medication for a pediatric 5 population with attention deficit hyperactivity disorder or 6 undifferentiated attention deficit disorder.

7 The mental health professional may complete the diagnostic assessment, initiate treatment, and bill medical assistance for 8 9 the mental health services before the consultation or evaluation 10 is completed. If, upon review of the report of the psychiatrist or, in the case of a child with attention deficit hyperactivity 11 12 disorder or undifferentiated attention deficit disorder, the report of the psychiatrist or physician, the mental health 13 professional believes the diagnostic assessment needs to be 14 15 updated to include the recommendations of the psychiatrist or physician, the updating of the diagnostic assessment will be 16 17 eligible for medical assistance payment. The mental health professional conducting the diagnostic assessment for an adult 18 19 or a child must specify, in the recipient's record, the consideration of biological factors which may be contributing to 20 the recipient's mental illness or emotional disturbance and the 21 22 recipient's referral or the reason why the referral was not made. The Diagnostic and Statistical Manual of Mental Disorders 23 24 is published by the American Psychiatric Association, 1400 K Street N.W., Washington, D.C. 20005. The DSM-IIIR is 25 26 incorporated by reference, available through the Minitex interlibrary loan system, and is subject to frequent change. 27 28 [For text of subitems (6) to (8), see M.R.] 29 [For text of items J to L, see M.R.]

30 Subp. 5. Extension of time available to complete a 31 recipient's diagnostic assessment. The two-hour time limit in 32 subpart 4, item C, for completing the diagnostic assessment does 33 not apply if the mental health professional conducting the 34 diagnostic assessment documents in the recipient's record that 35 the recipient has a condition specified in item A and a 36 circumstance specified in item B, C, or D, is present. In this

03/12/93

[REVISOR ] SGS/KM AR2211

1 event, medical assistance will pay for the recipient's 2 diagnostic assessment of up to eight hours in length and the mental health professional conducting the diagnostic assessment 3 4 must develop the recipient's individual treatment plan. The mental health professional conducting the diagnostic assessment 5 must document in the recipient's record the circumstances 6 requiring the extended time. For purposes of this subpart, 7 "initial diagnostic assessment" refers to the first time that a 8 recipient receives a diagnostic assessment of a set of symptoms 9 indicating a possible mental illness. 10 A. The recipient has a diagnosis of mental illness 11 12 and is: 13 (1) A person with mental retardation as defined 14 in part 9525.0015, subpart 20, or a related condition as defined in Minnesota Statutes, section 252.27, subdivision la. 15 16 [For text of subitems (2) to (6), see M.R.] [For text of items B to D, see M.R.] 17 18 [For text of subps 6 to 9, see M.R.] Subp. 10. Limitations on medical assistance payment for 19 20 psychotherapy sessions. There are limitations on medical assistance payment for psychotherapy sessions as specified in 21 the list of health services published according to Minnesota 22 23 Statutes, section 256B.0625, subdivision 25. 24 [For text of subps 11 to 32, see M.R.]