l Department of Human Services

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- 3 Adopted Permanent Rules Relating to Mental Health Services;
- 4 Eligibility for Medical Assistance Payment

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- 6 Rules as Adopted
- 7 9505.0175 DEFINITIONS.
- 8 Subpart 1. to 26. [Unchanged.]
- 9 Subp. 27. Mental health practitioner. "Mental health
- 10 practitioner" means a person who is qualified in at least one of
- 11 the ways specified in Minnesota Statutes, section 245.462,
- 12 subdivision 17.
- 13 Subp. 28. Mental health professional. "Mental health
- 14 professional" means a person providing clinical services in the
- 15 treatment of mental illness who is qualified in at least one of
- 16 the following ways:
- 17 A. in psychiatric nursing, a registered nurse
- 18 licensed under Minnesota Statutes, sections 148.171 to 148.285
- 19 and certified as a clinical specialist in psychiatric or mental
- 20 health nursing by the American Nurses Association;
- B. in clinical social work, a person licensed as an
- 22 independent clinical social worker under Minnesota Statutes,
- 23 section 148B.21, subdivision 6;
- C. in psychology, a psychologist licensed under
- 25 Minnesota Statutes, sections 148.88 to 148.98 who has stated to
- 26 the board of psychology competencies in the diagnosis and
- 27 treatment of mental illness; or
- D. in psychiatry, a physician licensed under
- 29 Minnesota Statutes, chapter 147 and certified by the American
- 30 Board of Psychiatry and Neurology or eligible for board
- 31 certification in psychiatry.
- 32 Subp. 29. to 50. [Unchanged.]
- 33 9505.0260 COMMUNITY MENTAL HEALTH CENTER SERVICES.
- 34 Subpart 1. Definitions. For purposes of this part, the
- 35 following terms have the meanings given them.

Approved by Revisor

- 1 A. "Community mental health center service" means
- 2 services by a community mental health center that provides
- 3 mental health services specified in part 9505.0323, subpart 2,
- 4 and physician services under part 9505.0345, including the
- 5 determination of a need for prescribed drugs and the evaluation
- 6 of prescribed drugs.
- 7 B. Notwithstanding the definition of "supervision" in
- 8 part 9505.0175, subpart 46, "supervision" means "clinical
- 9 supervision" as defined in part 9505.0323, subpart 1, item D.
- 10 C. For purposes of this part, "mental health
- ll professional" means a "mental health professional" as defined in
- 12 part 9505.0175, subpart 28 and a person licensed in marriage and
- 13 family therapy under Minnesota Statutes, sections 148B.29 to
- 14 148B.39 and employed by a provider of community mental health
- 15 center services.
- Subp. 2. Eligible providers of community mental health
- 17 center services. To be eligible to enroll in the medical
- 18 assistance program as a provider of community mental health
- 19 center services, a provider must:
- A. be established as specified in Minnesota Statutes,
- 21 section 245.62:
- B. obtain the commissioner's approval according to
- 23 Minnesota Statutes, section 245.69, subdivision 2;
- C. be a private, nonprofit corporation or a public
- 25 agency;
- D. have a board of directors established under
- 27 Minnesota Statutes, section 245.66;
- 28 E. be operated by or under contract with a local
- 29 agency to provide community mental health services;
- 30 F. comply with parts 9520.0750 to 9520.0870 and other
- 31 parts of chapter 9520 applicable to community mental health
- 32 centers;
- 33 G. provide mental health services as specified in
- 34 Minnesota Statutes, section 245.62, subdivision 4;
- 35 H. provide mental health services specified in
- 36 Minnesota Statutes, sections 245.461 to 245.486;

- I. have a sliding fee schedule; and
- J. if providing services to persons with alcohol and
- 3 other drug problems, be licensed to provide outpatient treatment
- 4 under parts 9530.5000 to 9530.6500; and.
- 5 K---if-providing-services-to-persons-who-have-mental
- 6 illness-and-mental-retardation-or-related-conditions,-be
- 7 licensed-according-to-parts-9525-0750-to-9525-0830-
- 8 Subp. 3. Payment limitation; community mental health
- 9 center services. Medical assistance payment limitations
- 10 applicable to community mental health center services include
- 11 the payment limitations in part 9505.0323.
- 12 Subp. 4. Payment limitation; supervision of service before
- 13 September 1, 1990. To be eligible for medical assistance
- 14 payment, a community mental health center service that is
- 15 provided to a recipient before September 1, 1990, must be under
- 16 the supervision of a psychiatrist, licensed consulting
- 17 psychiatrist psychologist, or licensed psychologist who is a
- 18 provider.
- 19 Subp. 5. Excluded services. The services listed in part
- 20 9505.0323, subpart 25 27, are not eligible for medical
- 21 assistance payment as community mental health services.
- 22 9505.0323 MENTAL HEALTH SERVICES.
- 23 Subpart 1. Definitions. For this part, the following
- 24 terms have the meanings given them.
- A. "Biofeedback" means a service designed to assist a
- 26 client to regulate a bodily function controlled by the autonomic
- 27 nervous system, such as heartbeat or blood pressure, by using an
- 28 instrument to monitor the function and signal the changes in the
- 29 function.
- B. "Child" means a person under 18 years of age.
- 31 C. "Client" means a recipient who is determined to be
- 32 mentally ill as specified in subpart 2.
- D. "Clinical supervision" means the process of
- 34 control and direction of a client's mental health services by
- 35 which a mental health professional who is a provider accepts

- 1 full professional responsibility for the supervisee's actions
- 2 and decisions, instructs the supervisee in the supervisee's
- 3 work, and oversees or directs the work of the supervisee. The
- 4 process must meet the conditions in subitems (1) to (3).
- 5 (1) The provider must be present and available on
- 6 the premises more than 50 percent of the time in a five working
- 7 day period during which the supervisee is providing a mental
- 8 health service.
- 9 (2) The diagnosis and the client's individual
- 10 treatment plan or a change in the diagnosis or individual
- 11 treatment plan must be made by or reviewed, approved, and signed
- 12 by the provider.
- 13 (3) Every 30 days the supervisor must review and
- 14 sign the record of the client's care for all activities in the
- 15 preceding 30-day period.
- 16 E. "Day treatment" or "day treatment program" means a
- 17 structured program of treatment and care provided to persons in:
- 18 (1) an outpatient hospital accredited by the
- 19 Joint Commission on the Accreditation of Hospitals and licensed
- 20 under Minnesota Statutes, sections 144.50 to 144.55;
- 21 (2) a community mental health center under part
- 22 9505.0260; or
- 23 (3) an entity that is under contract with the
- 24 county to operate a program that meets the requirements of
- 25 Minnesota Statutes, section 245.471, subdivision 3, and parts
- 26 9505.0170 to 9505.0475.
- 27 Day treatment consists of group psychotherapy and other
- 28 intensive therapeutic services that are provided by a
- 29 multidisciplinary staff. The services are aimed at stabilizing
- 30 the client's mental health status, providing mental health
- 31 services, and developing and improving the client's independent
- 32 living and socialization skills. The goal of day treatment is
- 33 to reduce or relieve the effects of mental illness and provide
- 34 training to enable the client to live in the community. Day
- 35 treatment services are not a part of inpatient or residential
- 36 treatment services. Day treatment services are distinguished

- 1 from day care by their structured therapeutic program of
- 2 psychotherapy services.
- F. "Diagnostic assessment" has the meaning given in
- 4 part 9505.0477, subpart 10.
- 5 G. "Explanation of findings" means analysis and
- 6 explanation of a diagnostic assessment, psychological testing,
- 7 client's treatment program, or other accumulated data and
- 8 recommendations to the client's family, primary caregiver, or
- 9 other responsible persons. Examples of responsible persons are
- 10 a qualified mental retardation professional; a case manager;
- ll providers; a child protection worker; a vulnerable adult worker;
- 12 the recipient's guardian, if any; and representatives of a local
- 13 education education agency, school, or community corrections
- 14 agency that has a responsibility to provide services for the
- 15 recipient.
- 16 H. "Family psychotherapy" means psychotherapy as
- 17 specified in subpart 13 that is designed for the client and one
- 18 or more persons who are related to the client by blood,
- 19 marriage, or adoption, or who are the client's foster parents,
- 20 the client's primary caregiver, or significant other and whose
- 21 participation is necessary to accomplish the client's treatment
- 22 goals. For purposes of this item, "persons whose participation
- 23 is necessary to accomplish the client's treatment goals" does
- 24 not include shift or facility staff members at the client's
- 25 residence.
- I. "Group psychotherapy" means psychotherapy designed
- 27 conducted by a mental health professional for more than four
- 28 three but not more than eight persons or psychotherapy
- 29 co-conducted by two mental health professionals for at least
- 30 <u>nine but not more than 12 persons</u> who because of the nature of
- 31 their emotional, behavioral, or social dysfunctions can derive
- 32 mutual benefit from interaction in a group setting.
- J. "Hour" means a 60-minute session of mental health
- 34 service Up-to-ten-minutes other than a diagnostic assessment.
- 35 At least 45 minutes of the period <u>must be spent in face-to-face</u>
- 36 contact with the client. The other 15 minutes may be spent in

- 1 indirect client-related activities such-as. Examples of
- 2 client-related activities are scheduling, maintaining clinical
- 3 records, consulting with others about the client's mental health
- 4 status, preparing reports, receiving the clinical supervision
- 5 directly related to the client's psychotherapy session, and
- 6 revising the client's individual treatment plan. If the period
- 7 of service is longer or shorter than one hour, up to one-sixth
- 8 one-fourth of the time may be spent in indirect client-related
- 9 activities.
- 10 K. "Hypnotherapy" means psychotherapeutic treatment
- 11 through hypnosis induced by a mental health professional trained
- 12 in hypnotherapy.
- 13 L. "Individual psychotherapy" means psychotherapy
- 14 designed for one client. For purposes of this part,
- 15 hypnotherapy and biofeedback are individual psychotherapy.
- M. "Individual treatment plan" has the meaning given
- 17 it in part 9505.0477, subpart 14.
- N. "Mental health services" means the services
- 19 defined in items A, E, F, G, H, I, K, L, Q, S, T, and U, and V
- 20 and subpart 30.
- O. "Mental illness" has the meaning given it in part
- 22 9505.0477, subpart 20.
- P. "Neurological examination" means an examination of
- 24 a person's nervous system by or under the supervision of a
- 25 physician skilled in the diagnosis and treatment of disorders of
- 26 the nervous system.
- Q. "Partial hospitalization" or "partial
- 28 hospitalization program" means a time-limited, structured
- 29 program of psychotherapy and other therapeutic services provided
- 30 in an outpatient hospital licensed under Minnesota Statutes,
- 31 sections 144.50 to 144.55 and accredited by the Joint Committee
- 32 on Accreditation of Hospitals. Partial hospitalization is an
- 33 appropriate alternative or adjunct to inpatient hospitalization
- 34 for a client who is experiencing an acute episode of mental
- 35 illness that meets the criteria for an inpatient hospital
- 36 admission as specified in part 9505.0540, subpart 1, and who has

- 1 the family and community resources necessary and appropriate to
- 2 support the client's residence in the community. Partial
- 3 hospitalization consists of multiple and intensive therapeutic
- 4 services provided by a multidisciplinary staff to treat the
- 5 client's mental illness. The goal of partial hospitalization is
- 6 to resolve or stabilize an acute episode of mental illness.
- 7 Examples of services provided in partial hospitalization are
- 8 individual, group, and family psychotherapy services.
- 9 R. Notwithstanding the definition in part 9505.0477,
- 10 subpart 23, "primary caregiver" means a person who has primary
- ll responsibility for providing the recipient with food, clothing,
- 12 shelter, direction, guidance, and nurturance. A primary
- 13 caregiver is someone other than the recipient's parent or a
- 14 shift or facility staff member in a facility or institution
- 15 where the recipient is residing or receiving a health service.
- 16 An example of a primary caregiver is a recipient's relative who
- 17 is not the recipient's parent and with whom the recipient lives.
- 18 S. "Psychological testing" means the use of tests or
- 19 other psychometric instruments to determine the status of the
- 20 recipient's mental, intellectual, and emotional functioning. A
- 21 face-to-face interview sufficient to validate the psychological
- 22 test is a required component of psychological testing.
- 23 T. "Psychotherapy" means a health service for the
- 24 face-to-face treatment of a client or clients with mental
- 25 illness through the psychological, psychiatric, or interpersonal
- 26 method most appropriate to the needs of the client and in
- 27 conformity with prevailing community standards of mental health
- 28 practice. The treatment is a planned structured program or
- 29 other intervention based on a diagnosis of mental illness
- 30 resulting from a diagnostic assessment and is directed to
- 31 accomplish measurable goals and objectives specified in the
- 32 client's individual treatment plan. Individual, family, and
- 33 group psychotherapy are the types of psychotherapy. Examples of
- 34 psychotherapy goals and objectives are relieving subjective
- 35 distress, alleviating specific existing symptoms, modifying
- 36 specific patterns of disturbed behavior, stabilizing the level

- 1 of functioning attainable by the client, and enhancing the
- 2 ability of the client to adapt to and cope with specific
- 3 internal and external stressors.
- 4 U. "Psychotherapy session" means a planned and
- 5 structured face-to-face treatment episode between the vendor or
- 6 provider of psychotherapy and one or more individuals. A
- 7 psychotherapy session may consist of individual psychotherapy,
- 8 family psychotherapy, or group psychotherapy.
- 9 <u>V. "Multiple family group psychotherapy" means</u>
- 10 psychotherapy as specified in subpart 28.
- 11 Subp. 2. Determination of mental illness. Except as
- 12 provided in subpart 3, a diagnostic assessment that results in a
- 13 diagnosis of mental illness is the criterion used to determine a
- 14 recipient's eligibility for mental health services under this
- 15 part.
- Subp. 3. Payment limitation; recipient who is mentally ill.
- 17 Medical assistance payment is available for a diagnostic
- 18 assessment, an explanation of findings, psychological testing,
- 19 and one psychotherapy session before completion of the
- 20 diagnostic assessment if the person is a recipient and the
- 21 provider complies with the requirements of this part. Other
- 22 mental health services to a recipient are eligible for medical
- 23 assistance payment only if the recipient has a mental illness as
- 24 determined through a diagnostic assessment.
- Subp. 4. Eligibility for payment; diagnostic assessment.
- 26 To be eligible for medical assistance payment, a diagnostic
- 27 assessment carried out before September 1, 1990, must be
- 28 conducted by a provider who is a psychiatrist, a licensed
- 29 consulting psychologist, or a licensed psychologist, or
- 30 conducted by a vendor who is a mental health professional, is
- 31 not a provider, and is under the clinical supervision of a
- 32 provider who is a psychiatrist, a physician who is not a
- 33 psychiatrist, or licensed consulting psychologist. The
- 34 diagnosis resulting from the assessment must be made by, or
- 35 reviewed and approved by, the provider. A diagnostic assessment
- 36 carried out on or after September 1, 1990, must be conducted by

- 1 a provider who is a mental health professional. Additionally,
- 2 to be eligible for medical assistance payment, a diagnostic
- 3 assessment must comply with the requirements in items A to L.
- 4 A. A provider may receive medical assistance
- 5 reimbursement for only one diagnostic assessment per calendar
- 6 year per recipient unless:
- 7 (1) the recipient's mental health status has
- 8 changed markedly since the recipient's most recent diagnostic
- 9 assessment by the same provider; or
- 10 (2) the provider conducting the diagnostic
- 11 assessment who has referred the recipient to a psychiatrist for
- 12 a psychiatric consultation needs to revise the recipient's
- 13 diagnostic assessment as a result of the report of the
- 14 psychiatric consultation. In the event of the recipient's
- 15 referral to a psychiatrist, the provider referring the recipient
- 16 shall document the reason for the referral in the recipient's
- 17 record.
- 18 B. Medical assistance will not pay for more than four
- 19 diagnostic assessments per recipient per calendar year.
- 20 C. Except as set forth in subparts 5 and 6, medical
- 21 assistance payment for a diagnostic assessment is limited to two
- 22 hours per assessment.
- D. A recipient may choose another provider of a
- 24 diagnostic assessment but the limit in item B shall apply.
- 25 E. The limits in this subpart apply whether all
- 26 components of the diagnostic assessment are carried out by one
- 27 mental health professional, by more than one mental health
- 28 professional, or in a multiple provider setting. Examples of a
- 29 multiple provider setting are outpatient hospitals, group
- 30 practices, and community mental health centers.
- 31 F. The activities necessary to complete a recipient's
- 32 diagnostic assessment may be spread out over more than one day
- 33 but the billing for a diagnostic assessment must be dated as of
- 34 the date the diagnostic assessment is completed.
- 35 G. A diagnostic assessment carried out by a mental
- 36 health professional or-a-mental-health-practitioner in a

- 1 multiple provider setting must be available to other mental
- 2 health professionals, mental-health-practitioners, or other
- 3 providers in the same setting who need the diagnostic assessment
- 4 to provide mental health services to the recipient. Additional
- 5 diagnostic assessments of the recipient in the same multiple
- 6 provider setting are subject to the limit specified in item A.
- 7 H. Medical assistance does not pay for a recipient's
- 8 diagnostic assessment performed on a day during which a
- 9 recipient participates in a psychotherapy session unless the
- 10 psychotherapy session is necessary because of an emergency or
- 11 unless the psychotherapy session occurs as specified in subpart
- 12 3.
- 13 I. The mental health professional conducting the
- 14 diagnostic assessment must:
- 15 (1) address the components in subpart 1, item F;
- 16 (2) conduct a face-to-face interview with the
- 17 recipient;
- 18 (3) conduct a mental status examination which
- 19 describes the recipient's appearance, general behavior, motor
- 20 activity, speech, alertness, mood, cognitive functioning, and
- 21 attitude toward his or her symptoms;
- 22 (4) review pertinent records;
- 23 (5) consider the recipient's need for referral
- 24 for psychological testing, psychiatric consultation, a
- 25 neurological examination, a physical examination, a
- 26 determination of the need for prescribed drugs, the evaluation
- 27 of the effectiveness of prescribed drugs, and a chemical
- 28 dependency assessment as specified in part 9530.6615;
- 29 (6) refer the recipient for medically necessary
- 30 services that are outside the scope of practice of the mental
- 31 health professional;
- 32 (7) if clinically appropriate and if authorized
- 33 as specified in subpart 19 or 20, contact the recipient's family
- 34 or primary caregiver or document the reason the contact was not
- 35 made; and
- 36 (8) record the results of the diagnostic

- 1 assessment in the recipient's record.
- J. Medical assistance will only pay for a
- 3 neurological examination, psychiatric consultation, physical
- 4 examination, determination of the need for prescribed drugs,
- 5 evaluation of the effectiveness of prescribed drugs, and
- 6 psychological testing carried out in conjunction with a
- 7 diagnostic assessment if they are billed as separate procedures,
- 8 distinct from a diagnostic assessment under medical assistance.
- 9 K. If the mental health professional who conducts the
- 10 diagnostic assessment is not the mental health professional who
- ll referred the recipient for the diagnostic assessment or the
- 12 mental health professional providing psychotherapy, the mental
- 13 health professional conducting the diagnostic assessment shall
- 14 request the recipient to authorize release of the information of
- 15 the diagnostic assessment to the mental health professional who
- 16 referred the recipient for the diagnostic assessment and the
- 17 mental health professional who provides the psychotherapy. The
- 18 authorization must meet requirements in subpart 19 or 20. The
- 19 mental health professional conducting the diagnostic assessment
- 20 shall tell the recipient that any mental health professional who
- 21 provides the recipient's mental health services will need access
- 22 to the diagnostic assessment to develop an individual treatment
- 23 plan related to the services recommended in the diagnostic
- 24 assessment and to receive medical assistance payment for the
- 25 recipient's mental health services.
- 26 L. The mental health professional conducting the
- 27 diagnostic assessment must complete the diagnostic assessment no
- 28 later than the second meeting between the recipient and the
- 29 mental health professional providing the recipient's
- 30 psychotherapy.
- 31 Subp. 5. Extension of time available to complete a
- 32 recipient's diagnostic assessment. The two-hour time limit in
- 33 subpart 4, item C, for completing the diagnostic assessment does
- 34 not apply if the mental health professional conducting the
- 35 diagnostic assessment documents in the recipient's record that
- 36 the recipient has a condition specified in item A and a

- 1 circumstance specified in item B, C, or D, is present. In this
- 2 event, medical assistance will pay for the recipient's
- 3 diagnostic assessment of up to eight hours in length and the
- 4 mental health professional conducting the diagnostic assessment
- 5 must develop the recipient's individual treatment plan. The
- 6 mental health professional conducting the diagnostic assessment
- 7 must document in the recipient's record the circumstances
- 8 requiring the extended time. For purposes of this subpart,
- 9 "initial diagnostic assessment" refers to the first time that a
- 10 recipient receives a diagnostic assessment of a set of symptoms
- ll indicating a possible mental illness.
- 12 A. The recipient has a diagnosis of mental illness
- 13 and is:
- 14 (1) A person with mental retardation as defined
- 15 in part 9525.0015, subpart 20, or a related condition as defined
- 16 in Minnesota Statutes, section 252.27, subdivision 1.
- 17 (2) A hearing impaired person as defined in
- 18 Minnesota Statutes, section 256C.23, subdivision 2.
- 19 (3) A person with a speech and language
- 20 impairment. For purposes of this subitem, "speech and language
- 21 impairment" means a speech behavior that deviates significantly
- 22 from the normal or standard speech pattern and attracts
- 23 attention to the process of speech or interferes with oral
- 24 communication or adversely affects either the speaker or the
- 25 listener. An impairment may affect:
- 26 (a) the way a sound is formed by persons
- 27 with cleft palates, cerebral palsy, mental retardation, or
- 28 related conditions;
- 29 (b) the time relationships between sounds,
- 30 as in stuttering;
- 31 (c) the voice, as in a laryngectomy; and
- 32 (d) the ease in comprehending the speech of
- 33 others or in orally projecting one's own ideas, as in cases of
- 34 aphasia caused by strokes and other cerebral trauma.
- 35 (4) A child under 18 years of age who exhibits
- 36 severe oppositional behavior during the diagnostic assessment,

- 1 who has not had a previous diagnostic assessment, and whose case
- 2 record documents the severe oppositional behavior.
- 3 (5) A child under 18 years of age whose mental
- 4 illness results in behavior that unreasonably interferes with
- 5 the mental health professional's ability to conduct the
- 6 diagnostic assessment and whose case record documents the
- 7 behavior.
- 8 (6) A person who meets the criteria in subpart 7,
- 9 item B.
- 10 B. An extension of the time for an initial diagnostic
- 11 assessment is necessary to develop the recipient's individual
- 12 treatment plan.
- C. An extension of the time for an initial diagnostic
- 14 assessment has been authorized by the case manager according to
- 15 parts 9525.0015 to 9525.0165.
- D. An extension of the time to carry out the
- 17 activities for a substantial revision of the client's individual
- 18 treatment plan is necessary because of significant changes in
- 19 the client's behavior or living arrangement.
- 20 Subp. 6. Prior authorization of additional time to
- 21 complete a diagnostic assessment. A mental health professional
- 22 must obtain prior authorization to exceed the time limits placed
- 23 on a recipient's diagnostic assessment in subparts 4 and 5.
- 24 Prior authorization of up to eight hours of diagnostic
- 25 assessment in a calendar year in addition to the time limit of
- 26 eight hours available under the circumstances specified in
- 27 subpart 5 shall be approved if the mental health professional
- 28 documents that the recipient meets the criteria in subpart 7.
- 29 The additional hours of assessment must result in an individual
- 30 treatment plan that has objectives designed to develop adaptive
- 31 behavior and that specifies the anticipated behavioral change
- 32 and the expected schedule for achieving the anticipated
- 33 behavioral change.
- 34 Additionally, the request for prior authorization of
- 35 additional hours to complete the diagnostic assessment must
- 36 document that the additional hours are necessary and is limited

- 1 to the additional observation and interviews needed to:
- 2 A. establish the baseline measurement of the
- 3 recipient's behavior;
- B. determine the cause of the recipient's behavior
- 5 such as the recipient's attempts to communicate with others or
- 6 control his or her environment; and
- 7 C. determine the effects of the recipient's physical
- 8 and social environments on the recipient's behavior.
- 9 Subp. 7. Criteria for prior authorization of additional
- 10 time to complete a diagnostic assessment. A request for prior
- ll authorization of additional time to complete a recipient's
- 12 diagnostic assessment shall be approved if the recipient meets
- 13 the criteria in items A and B or the criteria in item C.
- 14 A. The recipient meets the criteria in subpart 5 for
- 15 extended assessment activity.
- 16 B. The recipient has a severe behavior disorder that
- 17 is manifested as:
- 18 (1) Self-injurious behavior that is a clear
- 19 danger to the recipient. Examples of self-injurious behavior
- 20 are ingesting inedibles; removing items of clothing; striking,
- 21 biting, or scratching oneself; moving into dangerous situations
- 22 that clearly threaten or endanger the recipient's life, sensory
- 23 abilities, limb mobility, brain functioning, physical
- 24 appearance, or major physical functions.
- 25 (2) Aggressive behavior that is a clear danger to
- 26 others. Examples of aggressive behaviors are striking,
- 27 scratching, or biting others; throwing objects at others;
- 28 attempting inappropriate sexual activity with others; or pushing
- 29 or placing others into dangerous situations that clearly
- 30 threaten or endanger their life, sensory abilities, limb
- 31 mobility, brain functioning, sexual integrity, physical
- 32 appearance, or other major physical functions.
- 33 (3) Destructive behavior that results in
- 34 extensive property damage.
- 35 C. The recipient experienced a significant change in
- 36 behavior or living arrangement and the recipient meets the

- 1 criteria in items A and B.
- 2 Subp. 8. Payment rate; diagnostic assessment. Medical
- 3 assistance for a diagnostic assessment that meets the
- 4 requirements in subparts 4 to 7 shall be paid according to the
- 5 hourly payment rate for individual psychotherapy.
- 6 Subp. 9. Payment limitation; length of psychotherapy
- 7 session. Medical assistance payment for a psychotherapy session
- 8 is limited according to items A to D.
- 9 A. The length of an individual psychotherapy session,
- 10 including hypnotherapy and biofeedback, may be either one-half
- 11 hour or one hour.
- B. The length of a family psychotherapy session shall
- 13 be one hour or 1-1/2 hours.
- 14 C. The length of a group psychotherapy session shall
- 15 be one hour, 1-1/2 hours, or two hours.
- D. If the length of a psychotherapy session is less
- 17 than an hour or a whole number multiple of an hour, payment will
- 18 be prorated according to the lesser length of time.
- 19 Subp. 10. Limitations on medical assistance payment for
- 20 psychotherapy sessions. There are limitations on medical
- 21 assistance payment for psychotherapy sessions as specified in
- 22 the list of health services published according to Minnesota
- 23 Statutes, section 256B.02, subdivision 8y.
- 24 Subp. 11. Prior authorization of psychotherapy sessions
- 25 beyond the limitations. The provider must obtain prior
- 26 authorization to exceed the limits in subpart 10 unless the
- 27 psychotherapy session is in response to an emergency as
- 28 specified in part 9505.5015, subpart 2. In the event of an
- 29 emergency, the provider must submit a request for prior
- 30 authorization within five working days after the emergency
- 31 psychotherapy session.
- 32 Subp. 12. Payment limitation; total payment for group
- 33 psychotherapy. To be eligible for medical assistance payment, a
- 34 group psychotherapy session conducted by one mental health
- 35 professional shall not have more than eight persons, and a group
- 36 psychotherapy session conducted by two mental health

- 1 professionals shall have at least nine but not more than 12
- 2 persons. These limits shall apply regardless of their the
- 3 participants' eligibility for medical assistance. Medical
- 4 assistance payment for each client who participates in a session
- 5 of group psychotherapy shall be one quarter of the hourly
- 6 payment rate for an hour of individual psychotherapy. However,
- 7 in the case of a group pyschotherapy session conducted by two
- 8 mental health professionals, medical assistance payments shall
- 9 be according to the number of participants attending the
- 10 session. When a client participates in a session of group
- 11 psychotherapy conducted by two mental health professionals, the
- 12 client's record must document that the cotherapy is medically
- 13 necessary.
- 14. Subp. 13. Payment limitation; family psychotherapy.
- 15 Medical assistance payment for family psychotherapy shall be per
- 16 psychotherapy session regardless of the medical assistance
- 17 eligibility status or the number of family members who
- 18 participate in the family psychotherapy session. Medical
- 19 assistance payment for family psychotherapy is limited to
- 20 face-to-face sessions at which the client is present throughout
- 21 the family psychotherapy session unless the mental health
- 22 professional believes the client's temporary absence from the
- 23 family psychotherapy session is necessary to carry out the
- 24 client's individual treatment plan. If the client is excluded,
- 25 the mental health professional must document the reason for and
- 26 the length of the time of the exclusion. Furthermore, the
- 27 mental health professional must document the reason or reasons
- 28 why a member of the client's family is excluded.
- 29 Subp. 14. Payment limitation; partial hospitalization. To
- 30 be eligible for medical assistance payment, a partial
- 31 hospitalization program must be reviewed by and have received a
- 32 letter of approval from the department. Additionally, partial
- 33 hospitalization must meet the requirements in items A to F.
- A. The provider of the partial hospitalization must
- 35 receive prior authorization before the client's partial
- 36 hospitalization begins, except as set forth in part 9505.5015,

- 1 subpart 2.
- B. The service is provided to a client who is an
- 3 outpatient with the diagnosis of mental illness and the service
- 4 is provided more than 14 days after the client is discharged as
- 5 an inpatient with a diagnosis of mental illness.
- 6 C. A partial hospitalization program for a client who
- 7 is at least 18 years of age must provide at least six hours of
- 8 services per day. Medical assistance payment for partial
- 9 hospitalization is limited to no more than 16 days within a 30
- 10 calendar day period. The partial hospitalization must take
- 11 place on at least four but not more than five days in any week
- 12 within the 30 calendar day period.
- D. A partial hospitalization program for a client who
- 14 is less than 18 years of age must provide at least five hours of
- 15 services per day. Medical assistance payment for partial
- 16 hospitalization is limited to no more than 40 days within a
- 17 period of ten consecutive weeks. The partial hospitalization
- 18 must take place on at least four but not more than five days in
- 19 any week within the ten consecutive week period.
- 20 E. The definition of hour in subpart 1, item J,
- 21 applies to partial hospitalization.
- 22 F. Prior authorization may be requested once for up
- 23 to 16 days of additional partial hospitalization in the case of
- 24 a client who is at least 18 years of age or for up to 40 days of
- 25 additional partial hospitalization in the case of a client who
- 26 is less than 18 years of age. If the request is approved by the
- 27 department, the partial hospitalization must comply with the
- 28 requirements of items A, B, and E, and also with item C in the
- 29 case of a client who is at least 18 years of age or with the
- 30 requirements of item D in the case of a client who is less than
- 31 18 years of age.
- 32 Subp. 15. Payment limitation; general provisions about day
- 33 treatment services. Medical assistance payment for day
- 34 treatment services to a client shall be limited to 390 hours of
- 35 day treatment in a calendar year unless prior authorization is
- 36 obtained for additional hours within the same calendar year. To

- 1 be eligible for medical assistance payment, a day treatment
- 2 program must be reviewed by and have received the approval of
- 3 the department. The treatment must be provided to a group of
- 4 clients by a multidisciplinary staff under the clinical
- 5 supervision of a mental health professional. The treatment-must
- 6 be-provided program must be available at least one day a week
- 7 for a minimum three-hour time block. The day treatment may be
- 8 longer than three hours per day but medical assistance payment
- 9 is limited to three hours per day. To be eligible for medical
- 10 assistance payment, the three-hour time block must include at
- ll least one hour but no more than two hours of individual or group
- 12 psychotherapy. The remainder of the three-hour time block
- 13 must not consist of more-than-one-hour-of any of the following:
- 14 recreation therapy, socialization therapy, and independent
- 15 living skills therapy. In addition, the remainder of the
- 16 three-hour time block can include recreation therapy,
- 17 socialization therapy, and independent living skills therapy
- 18 only if they are included in the client's individual treatment
- 19 plan as necessary and appropriate. Notwithstanding the
- 20 documentation of each service required under subpart 26,
- 21 documentation of day treatment may be provided on a daily basis
- 22 by use of a checklist of available therapies in which the client
- 23 participated and on a weekly basis by a summary of the
- 24 information required under subpart 26.
- Subp. 16. Payment limitation; noncovered services provided
- 26 by day treatment program. The following services are not
- 27 covered by medical assistance if they are provided by a day
- 28 treatment program:
- 29 A. A service that is primarily recreation-oriented or
- 30 that is provided in a setting that is not medically supervised.
- 31 This includes sports activities, exercise groups, activities
- 32 such as craft hours, leisure time, social hours, meal or snack
- 33 time, trips to community activities, and tours.
- 34 B. A social or educational service that does not have
- 35 or cannot reasonably be expected to have a therapeutic outcome
- 36 related to the client's mental illness.

- 1 C. Consultation with other providers or service
- 2 agency staff about the care or progress of a client.
- 3 D. Prevention or education programs provided to the
- 4 community.
- 5 E. Day treatment for recipients with primary
- 6 diagnoses of alcohol or other drug abuse.
- 7 F. Day treatment provided in the client's home.
- 8 G. Psychotherapy for more than two hours daily.
- 9 H. Recreation therapy and teaching socialization
- 10 therapy and independent living skills therapy for more than one
- 11 hour daily each unless the client's individual treatment plan
- 12 prescribes more than one hour daily.
- 13 I. Participation in meal preparation and eating that
- 14 is not medically supervised and included in the client's
- 15 individual treatment plan as necessary and appropriate.
- Subp. 17. Payment limitation; service to determine the
- 17 need for or to evaluate the effectiveness of prescribed drugs.
- 18 Payment for a physician service to a client to determine a
- 19 client's need for a prescribed drug or to evaluate the
- 20 effectiveness of a drug prescribed in a client's individual
- 21 treatment plan is limited according to part 9505.0345, subpart
- 22 5. To be covered by medical assistance, the evaluation of the
- 23 effectiveness of a drug prescribed in a client's individual
- 24 treatment plan must be carried out face-to-face by a physician
- 25 or by a mental health professional who is qualified in
- 26 psychiatric nursing as specified in Minnesota Statutes, section
- 27 245.462, subdivision 18, clause (1), or a registered nurse who
- 28 is qualified as a mental health practitioner as specified in
- 29 Minnesota Statutes, section 245.462, subdivision 17. A nurse
- 30 who evaluates a client's prescribed drugs must be employed by or
- 31 under contract to a provider and must be under the supervision
- 32 of a physician who is on site at least 50 percent of the time
- 33 the service is being provided. For purposes of this subpart,
- 34 "evaluation of the effectiveness of a drug prescribed in a
- 35 client's individual treatment plan" or "evaluation of a client's
- 36 prescribed drugs" means adjusting a client's medication to

- 1 mitigate the client's symptoms, alleviate the client's distress,
- 2 and determine the impact of the client's medication on the
- 3 client's functioning at work and in daily living.
- Subp. 18. Payment limitation; explanation of findings.
- 5 Explanation of findings is a covered service under parts
- 6 9505.0170 to 9505.0475. Medical assistance payment for
- 7 explanations of findings is limited to four hours per recipient
- 8 per calendar year. Unless the recipient's diagnostic assessment
- 9 meets the requirements of subparts 5 to 7, medical assistance
- 10 payment will not pay for more than a one-hour explanation of
- ll findings after the mental health professional completes the
- 12 recipient's diagnostic assessment. The mental health
- 13 professional providing the explanation of findings may use the
- 14 time available under this subpart for an explanation of findings
- 15 in units of one-half hour or one hour but the total must not
- 16 exceed the amount specified in this subpart. To be eligible for
- 17 medical assistance payment, the mental health professional
- 18 providing the explanation of findings must have obtained the
- 19 authorization of the recipient or the recipient's representative
- 20 to release the information as required in subpart 19 or 20. If
- 21 the recipient's diagnostic assessment qualifies for an extension
- 22 of or additional time as provided in subparts 5 to 7, the mental
- 23 health professional providing the explanation of findings may
- 24 allocate the calendar year total of four hours in any manner
- 25 necessary to explain the findings. Medical assistance only pays
- 26 for the actual time spent or four hours, whichever amount of
- 27 time is less.
- Subp. 19. Authorization to access or release information
- 29 about a recipient. To obtain medical assistance payment, in the
- 30 case of a client who is an adult, a mental health professional
- 31 providing a mental health service must ask a recipient, or the
- 32 recipient's legal representative, -or-the-person-specified-in
- 33 $subpart-2\theta$ to sign forms needed to authorize access or release
- 34 of information about a recipient's health status. The form must
- 35 contain the information in items A to H and room for the
- 36 person's signature. If the recipient, or the recipient's legal

- l representative--or-the-person-specified-in-subpart-2θ refuses to
- 2 sign the authorization, the mental health professional must not
- 3 access or release the information and must document the refusal
- 4 to sign and the reason for the refusal in the recipient's
- 5 record. The period of authorization must not exceed one year.
- 6 The authorization form must state:
- 7 A. the person's name;
- 8 B. the date;
- 9 C. the specific nature of the information authorized
- 10 to be accessed or released;
- 11 D. who is authorized to give information;
- 12 E. to whom the information is to be given;
- 13 F. the information's use:
- G. the date of expiration of the authorization; and
- 15 H. that the recipient may revoke consent at any time.
- 16 For purposes of this subpart and subpart 20, "legal
- 17 representative" means a guardian or conservator authorized by
- 18 the court to make decisions about services for a person, or
- 19 other individual authorized to consent to services for the
- 20 person.
- 21 Subp. 20. Authorization to provide service or to access or
- 22 release information about a recipient who is a child. To obtain
- 23 medical assistance payment, in the case of a client who is a
- 24 child, a mental health professional who wants to provide a
- 25 mental health service to a child or who is required to access or
- 26 release information related to the child's mental health status
- 27 and services must obtain the authorization of the child's
- 28 parent, or legal representative, -or-primary-caregiver-with-whom
- 29 the-child-is-living unless a condition specified in item A, B,
- 30 or C, applies.
- The authorization of service must state the child's name,
- 32 the service or services authorized, the person or persons
- 33 authorized to provide the service, the amount, frequency, scope,
- 34 and duration of each service, the goals of the service, the date
- 35 of the authorization, and the relationship between the person
- 36 giving the authorization and the child. The authorization to

- 1 access or release information must comply with subpart 19, items
- 2 A to H. An authorization of services under this subpart must
- 3 not exceed one year. Authorization by the child's parent, or
- 4 legal representative, -or-primary-caregiver is not required if:
- A. The parent, or legal representative, or legal representative,
- 6 caregiver-with-whom-the-child-is-living is hindering or impeding
- 7 the child's access to mental health services.
- B. The child:
- 9 (1) has been married or has borne a child as
- 10 specified in Minnesota Statutes, section 144.342;
- 11 (2) is living separate and apart from the child's
- 12 parents or legal guardian and is managing the child's financial
- 13 affairs as specified in Minnesota Statutes, section 144.341;
- 14 (3) is at least 16 but under 18 years old and has
- 15 consented to treatment as specified in Minnesota Statutes,
- 16 section 253B.03, subdivision 6; or
- 17 (4) is at least 16 but under 18 years old and for
- 18 whom a county board has authorized independent living pursuant
- 19 to a court order as specified in Minnesota Statutes, section
- 20 260.191, subdivision 1, paragraph (a), clause (4).
- 21 C. A petition has been filed under Minnesota
- 22 Statutes, chapter 260, or a court order has been issued under
- 23 Minnesota Statutes, section 260.133 or 260.135, and a guardian
- 24 ad litem has been appointed.
- 25 If item A or B applies, the mental health professional
- 26 shall request the child to complete the required forms.
- 27 If item C applies, the mental health professional shall
- 28 request the guardian ad litem to complete the required forms.
- 29 Subp. 21. Payment limitation; psychological testing.
- 30 Medical assistance payment for psychological testing of a
- 31 recipient in a calendar year shall not exceed eight times the
- 32 medical assistance payment rate for an hour of individual
- 33 psychotherapy. Psychological testing shall be reimbursed
- 34 according to the psychological test used. The psychological
- 35 testing must be conducted by a psychologist with competence in
- 36 the area of psychological testing as stated to the board of

- 1 psychology. The psychological testing must be validated in a
- 2 face-to-face interview between the recipient and a licensed
- 3 psychologist or licensed consulting psychologist with competence
- 4 in the area of psychological testing. The report resulting from
- 5 the psychological testing must be signed by the psychologist
- 6 conducting the face-to-face interview, must be placed in the
- 7 recipient's record maintained-by-the-mental-health-professional
- 8 providing-the-recipient's-psychological-testing, and must be
- 9 released to each person authorized by the recipient. The
- 10 required components of psychological testing, which include
- 11 face-to-face interview, interpretation, scoring of the
- 12 psychological tests, and the required report of testing, are not
- 13 eligible for a separate charge to medical assistance. Payment
- 14 for these required components is included in the amount paid for
- 15 the psychological testing. The administration, scoring, and
- 16 interpretation of the psychological tests may be carried out,
- 17 under the clinical supervision of a licensed psychologist or
- 18 licensed consulting psychologist, by a psychometrist or
- 19 psychological assistant or as part of a computer-assisted
- 20 psychological testing program.
- 21 Subp. 22. Eligible vendors of mental health service before
- 22 September 1, 1990. Before September 1, 1990, a mental health
- 23 service performed by a vendor who is an employee of a provider
- 24 must meet the conditions in item A or B to be eligible for
- 25 medical assistance payment.
- A. A mental health professional must be, or be under
- 27 the clinical supervision of, a psychiatrist, a physician who is
- 28 not a psychiatrist, a licensed psychologist, or a licensed
- 29 consulting psychologist. The supervisor must be a provider.
- 30 B. A mental health practitioner must be under the
- 31 clinical supervision of a psychiatrist, a licensed psychologist,
- 32 or a licensed consulting psychologist. The supervisor must be a
- 33 provider.
- 34 Subp. 23. Medical assistance payment for mental health
- 35 service beginning September 1, 1990. Beginning September 1,
- 36 1990, a mental health service provided by a mental health

- 1 professional is a covered service. Beginning September 1, 1990,
- 2 a mental health service other than day treatment that is
- 3 provided by a mental health practitioner is not eligible for
- 4 medical assistance payment. To be eligible for medical
- 5 assistance payment, day treatment provided by a mental health
- 6 practitioner or any other person who is not a mental health
- 7 professional who is a provider must be under the clinical
- 8 supervision of a mental health professional who is a provider.
- 9 Subp. 24. Payment limitation; person completing
- 10 requirements for licensure or board certification as mental
- ll health professional. Medical assistance payment is available
- 12 for mental health services provided by a person who has
- 13 completed all requirements for licensure or board certification
- 14 as a mental health professional except the requirements for
- 15 supervised experience in the delivery of mental health services
- 16 in the treatment of mental illness under this subpart. Mental
- 17 health services may also be provided by a person who is a
- 18 student in a bona fide field placement or internship under a
- 19 program leading to completion of the requirements for licensure
- 20 as a mental health professional. The person providing the
- 21 service must be under the clinical supervision of a fully
- 22 qualified mental health professional who is a provider. The
- 23 person must be employed by or placed in an outpatient hospital,
- 24 a physician-directed clinic, a community mental health center,
- 25 or a facility approved for insurance reimbursement according to
- 26 parts 9520.0750 to 9520.0870. Medical assistance for services
- 27 performed according to this subpart shall be paid at one-half
- 28 the medical assistance payment rate for the same service
- 29 provided by a fully qualified person.
- 30 Subp. 25. Individual treatment plan. Except as provided
- 31 in subpart 3, medical assistance payment is available only for
- 32 services in accordance with the client's individual treatment
- 33 plan. The individual treatment plan must meet the standards of
- 34 this subpart. A client's individual treatment plan must be
- 35 based on the information and outcome of the client's diagnostic
- 36 assessment conducted as specified in subpart 4. Except as

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provided in subparts 5 and 6, the individual treatment plan must

2 be developed by the mental health professional who provides the 3 client's psychotherapy, or the mental health practitioner who is under the clinical supervision of a mental health professional 4 5 who is a provider and must be developed no later than the end of the first psychotherapy session after the completion of the 6 7 client's diagnostic assessment. The mental health professional 8 or the mental health practitioner must involve the client in the 9 development, review, and revision of a client's individual 10 treatment plan. The plan must be reviewed at least once every 11 90 days, and if necessary revised. However, revisions of the 12 initial individual treatment plan do not require a new 13 diagnostic assessment unless the client's mental health status 14 has changed markedly as provided in subpart 4, item A. 15 mental health professional shall request the client, or in the 16 case of a child whose circumstances do not fall within subpart 17 21, the child's parent, primary caregiver, or other person authorized by statute to consent to mental health services for 18 the child, to sign the client's individual treatment plan and 19 20 revision of the plan unless the request is not appropriate to 21 the client's mental health status. If the client refuses to 22 sign the plan or a revision of the plan, the mental health 23 professional or mental health practitioner shall note on the 24 plan the client's refusal to sign the plan and the client's 25 reason or reasons for the refusal. If the client's mental 26 health status contraindicates the request, the mental health 27 professional or mental health practitioner shall note on the plan the reason the client was not requested to sign the plan. 28 29 Subp. 26. Documentation of the provision of mental health 30 service. To obtain medical assistance payment, a mental health professional or a mental health practitioner providing a mental 31 32 health service must document in the client's record (1) each occurrence of the client's service including the date, type, 33 length, and scope of the mental health service; (2) the name of 34 35 the person who gave the service; (3) contact made with other 36 persons interested in the recipient such as representatives of

- 1 the courts, corrections systems, or schools including the name
- 2 and date of the contact; (4) any contact made with the client's
- 3 other mental health providers, case manager, family members,
- 4 primary caregiver, legal representative, or, if applicable, the
- 5 reason the client's family members, primary caregiver, or legal
- 6 representative was not contacted; and (5) as appropriate,
- 7 required clinical supervision. The documentation must be
- 8 completed promptly after the provision of the service.
- 9 Subp. 27. Excluded services. The mental health services
- 10 in items A to R S are not eligible for medical assistance
- 11 payment:
- 12 A. a mental health service that is not medically
- 13 necessary;
- B. a mental health service exceeding the limitations
- 15 in subparts 6, 11, 14, and 15, that has not received prior
- 16 authorization;
- 17 C. a mental health service other than a diagnostic
- 18 assessment, psychological testing, explanation of findings, or
- 19 one hour of psychotherapy before completion of the diagnostic
- 20 assessment to a recipient who has not been determined to have a
- 21 mental illness;
- D. a diagnostic assessment made before September 1,
- 23 1990, that requires the clinical supervision of a provider, and
- 24 the mental health service or services provided in response to
- 25 the diagnosis made in the diagnostic assessment, if the clinical
- 26 supervision was not provided;
- 27 E. a mental health service other than a diagnostic
- 28 assessment, psychological testing, explanation of findings, or
- 29 one hour of psychotherapy before completion of the diagnostic
- 30 assessment if the service is not recommended by a mental health
- 31 professional and is not part of an individual treatment plan;
- F. a neurological examination carried out by a person
- 33 other than a psychiatrist or psychologist with a competency in
- 34 the area of neuropsychological evaluation listed with the board
- 35 of psychology as in part 7200.4600, subpart 1;
- 36 G. a mental health service provided to a resident of

- 1 a long-term care facility other than an intermediate care
- 2 facility for the mentally retarded without the written order of
- 3 the recipient's attending physician;
- 4 H. a service provided to a resident of an
- 5 intermediate care facility for the mentally retarded if the
- 6 service is not specified on the resident's individual service
- 7 plan as set forth in part 9525.0075;
- 8 I. an evaluation of a prescribed drug by a person
- 9 other than a physician or a person supervised by a physician and
- 10 qualified in psychiatric nursing or as a registered nurse;
- 11 J. a service ordered by a court that is solely for
- 12 legal purposes and not related to the recipient's diagnosis or
- 13 treatment for mental illness;
- 14 K. services dealing with external, social, or
- 15 environmental factors that do not directly address the
- 16 recipient's physical or mental health;
- 17 L. a service that is only for a vocational purpose or
- 18 an educational purpose that is not health related;
- 19 M. staff training that is not related to a client's
- 20 individual treatment plan or plan of care;
- 21 N. child and adult protection services provided
- 22 directly or indirectly by a governmental entity;
- O. mental health services other than psychological
- 24 testing of a recipient who is an inpatient for the purposes of
- 25 psychiatric treatment;
- P. psychological testing, diagnostic assessment,
- 27 explanation of findings, and psychotherapy if the services are
- 28 provided by an-entity-whose-purpose-is-not-health-service
- 29 related, such as a school, or a local education agency, and the
- 30 division-of-vocational-rehabilitation-of-the-department-of-jobs
- 31 and-training unless the school or local education agency is a
- 32 provider and the services are medically necessary and prescribed
- 33 in a child's individual education plan;
- Q. psychological testing, diagnostic assessment,
- 35 explanation of findings, and psychotherapy if the services are
- 36 provided by an entity whose purpose is not health service

- 1 related such as the Division of Vocational Rehabilitation of the
- 2 Department of Jobs and Training;
- 3 R. fundraising activities; and
- 4 R S. community planning.
- 5 Subp. 28. Multiple family group psychotherapy. A multiple
- 6 family group psychotherapy session is eligible for medical
- 7 assistance payment if the psychotherapy session is designed for
- 8 at least three but not more than five families. Medical
- 9 assistance payment for a multiple family group shall be limited
- 10 to one session of up to two hours per week for no more than ten
- ll weeks.
- 12 Subp. 29. Required participation of psychiatrist in
- 13 treatment of person with serious and persistent mental illness.
- 14 A psychiatrist must participate in the diagnostic assessment,
- 15 formulation of an individual treatment plan, and monitoring of
- 16 the clinical progress of a client having a mental illness that
- 17 meets the definition of serious and persistent mental illness
- 18 under part 9505.0477, subpart 27. The extent of the
- 19 psychiatrist's participation shall be according to the
- 20 individual clinical needs of the client as mutually determined
- 21 by the mental health professional who is conducting the
- 22 assessment and by the psychiatrist who participates. At a
- 23 minimum, the psychiatrist's participation must consist of timely
- 24 reviews of the activities specified in this subpart and verbal
- 25 <u>interaction</u> between the psychiatrist and the mental health
- 26 professional.
- 27 <u>Subp. 30.</u> Group psychotherapy for crisis
- 28 intervention. Group psychotherapy provided to a client on a
- 29 daily basis for crisis intervention is eligible for medical
- 30 assistance payment as specified in items A to D.
- A. The group psychotherapy must be necessary to meet
- 32 the client's crisis.
- B. At least three but not more than nine persons,
- 34 regardless of their medical assistance eligibility, must
- 35 participate in the crisis group.
- 36 C. For each crisis episode, the client may receive up

- 1 to three hours per week within a period of two calendar weeks
- 2 unless prior authorization is obtained for additional hours per
- 3 week.
- 4 D. The number of hours of group psychotherapy
- 5 provided for crisis intervention shall be included within the
- 6 limit specified in subpart 10 unless prior authorization is
- 7 obtained.
- 8 For the purpose of this subpart, "crisis" means any acute
- 9 social, interpersonal, environmental, or intrapersonal stress
- 10 that threatens the client's current level of adjustment or
- 11 causes significant subjective distress.

12

- REPEALER. Minnesota Rules, part 9500.1070, subparts 4, 6,
- 14 and 23, are repealed.

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- 16 EFFECTIVE DATE. Parts 9505.0260 and 9505.0323 shall be
- 17 effective January 1, 1990.