

9533.0060 PROGRAM STRUCTURE AND PRACTICE PRINCIPLES.

Subpart 1. **Program structure.** The certificate holder must:

A. adopt a program mission statement stating that the certificate holder is able to provide and offer integrated treatment;

B. establish an integrated treatment organizational structure which reflects the practice principles defined in subpart 2 and supports the provision of services according to parts 9533.0070 to 9533.0170 to facilitate the integration of substance use disorder and mental health treatment services; and

C. provide integrated treatment through a multidisciplinary team according to part 9533.0110.

Subp. 2. **Practice principles.** The certificate holder must establish its integrated treatment program based on a set of core practice principles. These principles require the certificate holder to:

A. view a client as able to:

(1) participate fully in treatment;

(2) share in treatment decisions, when appropriate; and

(3) offer expertise about the client's life;

B. provide stage-wise treatment conducted using interventions that are stage-appropriate and individualized based on the client's stage of readiness for, and attitudes about, change;

C. provide strengths-based treatment that identifies and capitalizes on existing client strengths and seeks to maximize opportunities to enhance new strengths;

D. provide mental illness and substance use disorder treatment within the same episode of care;

E. use a single integrated treatment plan to address co-occurring disorders and identify integrated treatment interventions;

F. address the complexity of client needs to support recovery in other major life areas, such as physical health issues, housing, and employment;

G. involve family, guardians, or other support figures in the treatment process through input to and feedback from support figures, before, during, and after treatment, except when involvement is counter-therapeutic or such figures are unable or unwilling to participate;

H. provide psychoeducation for the client, the client's family, guardians, and other support figures regarding the interaction of mental health and substance use disorders;

- I. provide treatment tailored to the client's developmental and cognitive level;
- J. incorporate evidence-based treatment practices shown to be effective in treating mental illness, substance use disorders, and co-occurring disorders;
- K. focus on ongoing engagement through treatment services that are based not on an episode of care, but on continual assessment of progress and recovery;
- L. endorse a recovery philosophy reflected in a formal mechanism for follow-up care, with an equal focus on treatment for substance use disorders and mental illness;
- M. recognize that although full recovery from both substance use and mental health disorders is an ideal goal, repeated interventions may be needed over the long term and symptom reduction is considered progress; and
- N. recognize and respond to issues related to culture, ethnicity, race, acculturation, and historical trauma, and recognize the client's cultural beliefs and values through culturally responsive, trauma-informed services.

Statutory Authority: *MS s 245.4863*

History: *38 SR 523*

Published Electronically: *November 12, 2013*