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State of Minnesota

HOUSE OF REPRESENTATIVES

NINETY-FIRST SESSION

H. F. No. 1166

02/14/2019 Authored by Freiberg, Morrison, Schomacker, Albright, Youakim and others
The bill was read for the first time and referred to the Committee on Health and Human Services Policy
03/11/2019 Adoption of Report: Amended and re-referred to the Committee on Ways and Means

1.1 A bill for an act
1.2 relating to human services; establishing adaptive fitness access grants; requiring
1.3 a report; appropriating money; proposing coding for new law in Minnesota Statutes,
1.4 chapter 256.

1.5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF MINNESOTA:

1.6 Section 1. [256.488] ADAPTIVE FITNESS ACCESS GRANT.

1.7 Subdivision 1. Title. This act may be cited as the "Adaptive Fitness Access Grant
1.8 Program."

1.9 Subd. 2. Definitions. (a) "Adaptive fitness" means the practice of physical fitness by an
1.10 individual with primary physical disabilities, either as a consequence of the natural aging
1.11 process or due to a developmental disability, mental health issue, congenital condition,
1.12 trauma, injury, or disease.

1.13 (b) "Adaptive fitness center" means a center with modified equipment, equipment
1.14 arrangement and space for access, and trainers with skills in modifying exercise programs
1.15 specific to the physical and cognitive needs of individuals with disabilities.

1.16 (c) "Commissioner" means the commissioner of human services.

1.17 (d) "Disability" has the meaning given in the Americans with Disabilities Act.

1.18 Subd. 3. Establishment. Evidence-based research demonstrates the importance of fitness
1.19 for all populations, including individuals with disabilities. A statewide adaptive fitness
1.20 access grant program is established under the Department of Human Services to award
1.21 grants to promote access to adaptive fitness for individuals with disabilities.

2.1 Subd. 4. **Application and review.** (a) The commissioner must develop a grant application
2.2 that must contain, at a minimum:

2.3 (1) a description of the purpose or project for which the grant will be used;

2.4 (2) a description of the specific problem the grant intends to address;

2.5 (3) a description of achievable objectives, a work plan, and a timeline for implementation
2.6 and completion of processes or projects enabled by the grant;

2.7 (4) a description of the existing frameworks and experience providing adaptive fitness;
2.8 and

2.9 (5) a proposed process for documenting and evaluating results of the grant.

2.10 (b) An applicant must apply using the grant application developed by the commissioner.

2.11 (c) The commissioner shall review each application. The commissioner shall establish
2.12 criteria to evaluate applications, including but not limited to:

2.13 (1) the application is complete;

2.14 (2) the eligibility of the applicant;

2.15 (3) the thoroughness and clarity in identifying the specific problem the grant intends to
2.16 address;

2.17 (4) a description of the population demographics and service area of the proposed project;
2.18 and

2.19 (5) the proposed project's longevity and demonstrated financial sustainability after the
2.20 initial grant period.

2.21 (d) In evaluating applications, the commissioner may request additional information
2.22 regarding a proposed project, including information on project cost. An applicant's failure
2.23 to timely provide the information requested disqualifies an applicant.

2.24 Subd. 5. **Awards.** (a) The commissioner shall award grants to eligible applicants to
2.25 provide adaptive fitness for individuals with disabilities.

2.26 (b) The commissioner shall award grants to qualifying nonprofit organizations that
2.27 provide adaptive fitness in adaptive fitness centers. Grants must be used to assist one or
2.28 more qualified nonprofit organizations to provide adaptive fitness, including: (1)
2.29 activity-based locomotor exercise; (2) equipment necessary for adaptive fitness programs;
2.30 (3) operating expenses related to staffing of adaptive fitness programs; and (4) other adaptive
2.31 fitness programs as deemed appropriate by the commissioner.

3.1 (c) An applicant may apply for and the commissioner may award grants for two-year
3.2 periods, and the commissioner shall determine the number of grants awarded. The
3.3 commissioner may reallocate underspending among grantees within the same grant period.

3.4 Subd. 6. **Report.** By December 1, 2021, the commissioner of human services shall
3.5 submit a report to the chairs and ranking minority members of the legislative committees
3.6 with jurisdiction over health and human services. The report shall, at a minimum, include
3.7 the amount of funding awarded for each project, a description of the programs and services
3.8 funded, plans for the long-term sustainability of the projects, and data on outcomes for the
3.9 programs and services funded. Grantees must provide information and data requested by
3.10 the commissioner to support the development of this report.

3.11 Sec. 2. **APPROPRIATION.**

3.12 \$2,000,000 in fiscal year 2020 is appropriated from the general fund to the commissioner
3.13 of human services to administer the grant program under Minnesota Statutes, section 256.488.