

**SENATE
STATE OF MINNESOTA
NINETY-FIRST SESSION**

S.F. No. 508

(SENATE AUTHORS: TORRES RAY, Wiger, Kent and Wiklund)

DATE	D-PG	OFFICIAL STATUS
01/28/2019	175	Introduction and first reading Referred to E-12 Finance and Policy

1.1 A bill for an act

1.2 relating to education; requiring school districts to adopt a policy on recess for

1.3 elementary school students; amending Minnesota Statutes 2018, section 121A.215.

1.4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF MINNESOTA:

1.5 Section 1. **PURPOSE.**

1.6 The legislature finds that students at the elementary level must have the opportunity to

1.7 participate in daily recess. The legislature also finds that recess provides children with

1.8 unstructured time to engage in physical activity that helps develop healthy minds and bodies.

1.9 As childhood obesity rates rise, it is important to ensure that children have time for physical

1.10 activity. Insufficient physical activity and excessive calorie consumption are factors in the

1.11 increase in childhood obesity rates. As Minnesota strives to be the healthiest state in the

1.12 nation, we must continue to encourage our children to engage in physical activity so they

1.13 can develop healthy minds and bodies.

1.14 Sec. 2. Minnesota Statutes 2018, section 121A.215, is amended to read:

1.15 **121A.215 LOCAL SCHOOL DISTRICT WELLNESS POLICIES; RECESS;**

1.16 **WEBSITE.**

1.17 When available, a school district must post its current local school wellness policy on

1.18 its website. A school district must have a policy on the total number of minutes of recess

1.19 each day for its students in kindergarten through grade 5.